



## Senior Village Helping Hands Services



**The Helping Hands team responds to Village phone calls (520-314-1042) from members who need assistance in their home or yard.**

### **Tasks we handle include:**

- Hang pictures or mirrors
- Fix or replace a hinge or door knob
- Flip bed mattresses
- Take down or put up a curtain rod
- Replace light bulbs (12 ft. max Ht.)
- Lubricate doors
- Replace heater/refrig/water filters
- Install shower head
- Paint mail box
- Replace a door screen
- Replace toilet seat
- Replace toilet tank flapper/float
- Adjust toilet tank water level
- Replace/repair doorbells
- Change alarm, remote batteries
- Make a thermostat work
- Set up TV, cable, garage remotes
- Reset an irrigation timer
- Tighten garden hoses
- Reset breaker box or GFI...once
- Help with computer issues
- Repair a drip in an irrigation line
- Lift heavy boxes
- Move patio furniture
- Pot plants (in pots, not in ground)
- Install solar yard lights
- Bring things down from attic using pull-down ladder (with second volunteer)

In order to avoid liability issues, the Village does not perform services that are best handled by a professional or that might endanger a volunteer. For professional references, the Member can go online to <[sbazservices.net](http://sbazservices.net)>. Golder Ranch Fire Department will change alarm batteries in high ceilings (520-825-9001).

### **Tasks we do not handle include:**

- Replace electrical wires or breaker
- Install a GFI
- Fix serious leaks
- Soldering or crimping pipes
- Install grab bars or wheelchair ramps
- Ladder work above 12 ft.
- Replace faucet/toilet/toilet seal
- Install computer software, new hardware
- Fix garage springs/bent guides
- Hang TV/heavy objects on the wall
- Crawl inside main attic or work on a roof
- Painting
- Clean roof gutters
- Any repetitive task like watering outside or vacuuming (one-time clean-up may be OK)
- Any task requiring a license or permit